Inspired by research. Driven by compassion. Inspiré par la recherche. Guidé par la compassion.

## MOLECULAR ONCOLOGY: THE PROMISE OF PERSONALIZED CANCER TREATMENT

PRESENTED BY: Dr. Philip Berardi MD, PhD, FRCP(C) Molecular Oncology Diagnostics Laboratory

NOVEMBER 6, 2018 (5PM-6PM)









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### October 2, 2018

The Mind-Body Connection and Healing Moira Hutchinson, OICC, Hypnotherapy, Emotional Freedom Technique (EFT), Visualization, Mindset Coaching, & Reiki

### November 6, 2018

Molecular Oncology: The Promise of Personalized Cancer Treatment Dr. Philip Berardi, Co-Director of the Ottawa Hospital's Molecular Oncology Diagnostic Laboratory

### December 4, 2018

Cancer Coaching and Support: Patients, Caregivers and Families Patricia Barrett-Robillard– Cancer Coach, Ottawa Regional Cancer Foundation

#### February 5, 2019

Updates on Lymphoma Treatments from the American Society of Hematology (ASH) Conference Doctor from BMT Team, TOH (General Campus)

#### March 5, 2019

The Gut Biome and Cancer, Including Lymphoma Alain Stintzi, PhD, Vice-Dean, Graduate and Postdoctoral Studies, Faculty of Medicine, U of O

### April 2, 2019

Mindfulness and Meditation: Skills for Well-being Dr. Lynette Monteiro, Clinical Professor, U of O & Co-founder of the Ottawa Mindfulness Clinic

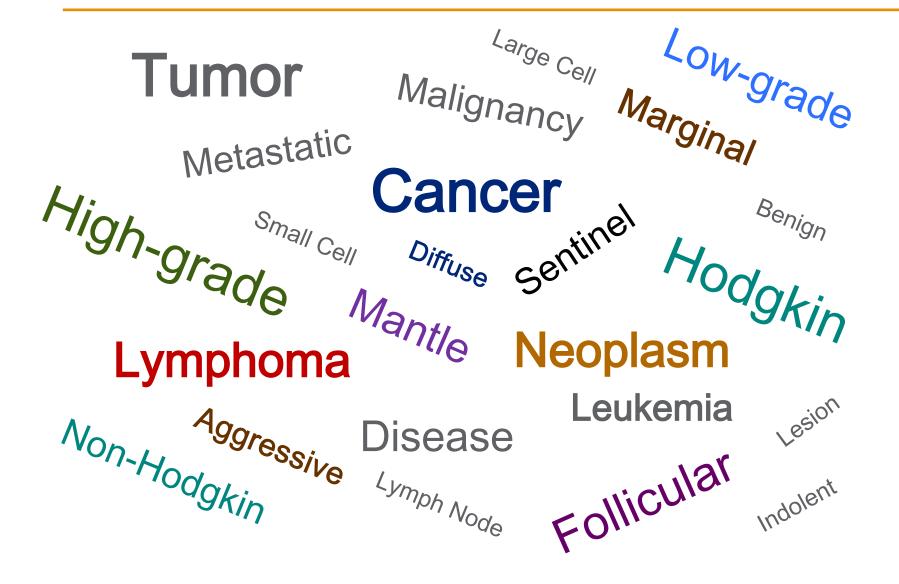
### May 7, 2019

Managing the Psychological Aspects of Your Cancer Diagnosis During and After Treatment: Living With Uncertainty Bonney Elliott, – Cancer Coach, Ottawa Regional Cancer Foundation

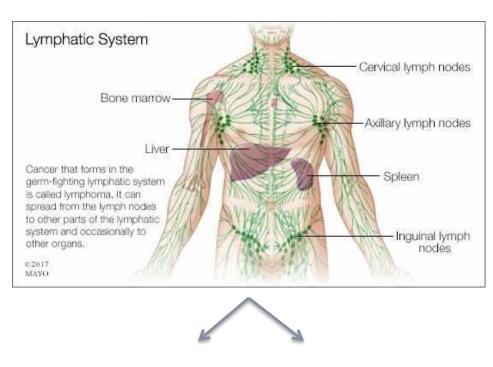
### June 4, 2019

Becoming an Informed Advocate for Yourself or Your Loved One During the Cancer Journey Deborah Baker, Founding member and past chair, CLL Patient Advocacy Group





## What is lymphoma?

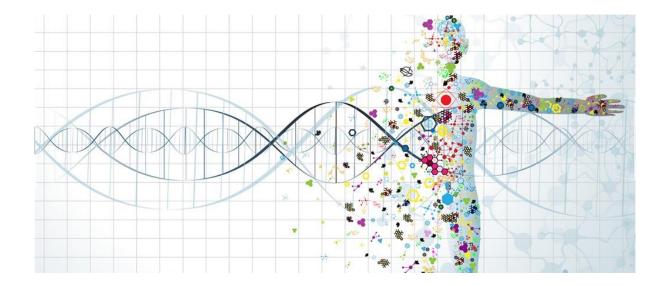


Hodgkin Lymphoma (HL)

Non-Hodgkin Lymphoma (NHL)

## How is the landscape of diagnostic services changing?





## What is precision medicine?

**Traditional Approach** 

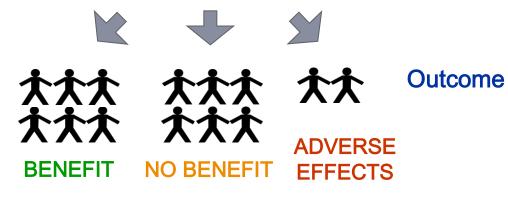




Similar therapy, essentially one size fits all.



### Intervention

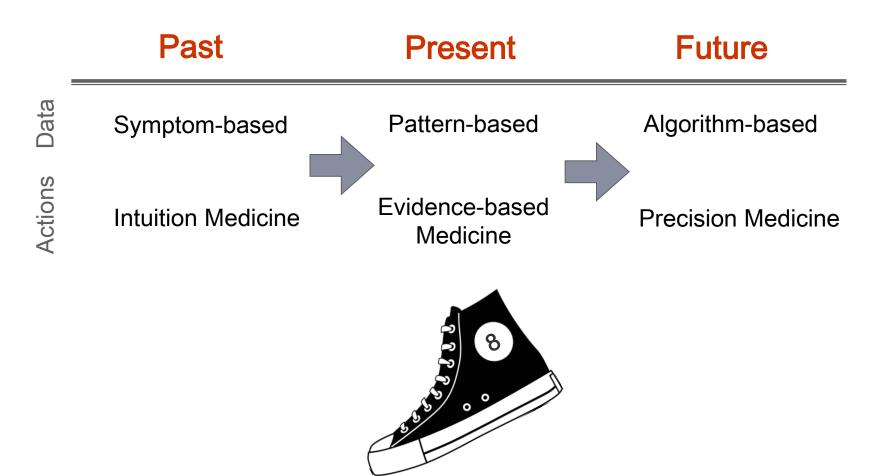


## Personalized cancer care

- Detect
- Diagnose
- Target
- Monitor
- Support



How might this change medical practice?



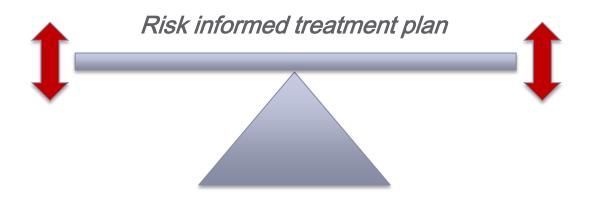
## What does this mean practically?

### **Pre-treatment factors**

- *Patient characteristics* Age, comorbidities, performance status
- Disease characteristics
   Stage of lymphoma, organ
   involvement, pathology, blood
   tests (LDH), gene abnormalities

### **Post-treatment factors**

- *Patient characteristics* Age, comorbidities, performance status
- Disease characteristics
   Response to therapy, measurable residual disease, molecular monitoring



## How can you be better informed about your lymphoma?

An informed patient is an active member of the healthcare team.

MyChart Your secure online health information

# MyPathologyReport.ca

"MyPathologyReport.ca is a free online pathology education resource for patients. The site was created in 2017 by Dr. Jason Wasserman, a pathologist at The Ottawa Hospital. Dr. Wasserman continues to lead the site as Senior Medical Editor. All of the articles on the site are written by pathologists. The goal of the site is to improve quality and safety by empowering patients to become a more active part of their medical team."

## Are there opportunities for you to get involved?

### **MyPathologyReport**

A pathology education resource for patients.

MyPathologyReport is a free educational resource created by Canadian pathologists to help you read and understand your pathology report.



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### How are we achieving these goals in Ottawa?

- Building a state of the art cancer center aimed at offering the best available tools for the diagnosis, treatment & monitoring of our cancer patients and beyond.
- Partnering with the OHRI to conduct research and identify new targets for improved therapy and outcomes.
- Working synergistically with the Canadian Cancer Trials Group (CCTG), research and industry partners to become agents of change in the evolving field of cancer care in Ontario.
- Engaging experts in information technology to optimize the use of patient data collected over the coming years.

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has.

Margaret Mead



